



In this program we use 2D visual language to make sense of how we stay engaged with our best Self, our communities, and the planet, especially in challenging times.

CONTEXT

This program is based on [Theory U](#), a powerful framework for fostering transformational change by accessing deeper levels of awareness and intuition. It invites us to listen deeply to ourselves, others, and the world around us, and to embody the future we want to create.

PROCESS

Participants will go through a mini U-Process to

- **see and sense into their current context**
- **practice presencing – allowing inner knowing to emerge**
- **crystalize a future wanting to emerge.**

The primary mediums for this exploration will be **drawing and collage**. Participants will engage a **system mapping** tool to define their current state and then be led through “**Visual Presencing**”, a core social art, to evolve the map. This brings mindfulness into the mark-making process, and helps embody and externalize potential by accessing an intangible, but felt, field of possibility.

There will be ample space for **reflection**, so that each participant finds perspective through their own image. Each person will also identify specific ways to “stay with” their future as it unfolds.

PARTICIPATION

No drawing experience required! All are welcome. If you are not able to use physical drawing tools for any reason, please let the faculty know, so that a parallel visualized experience might be substituted.

YOUR FACILITATOR

Visual Sensemaking was developed by Marie-Pascale Gafinen and Kelvy Bird. The sessions in Basque Country will be facilitated by Marie-Pascale Gafinen.

Kelvy Bird is an artist, internationally recognized scribe and co-founder of the Presenting Institute at MIT.

Marie-Pascale Gafinen is an illustrator and scribe who communicates social and ecological topics. She works with NGOs and public institutions throughout Europe and helps them to visualize the better world they're trying to create. She has a background in communication design and Environment and Bio-Resources Management. Marie-Pascale is based in Hamburg, Germany.



CONTACT

Are you interested?
Let's schedule a zoom call to discuss
all your questions!

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TIMING & COSTS

I will be in the Basque Country for a limited time between June 1 and June 10, 2023. Therefore I offer the program at a special price:

~~2000€ + VAT~~ **1600€ + VAT**

including

- 4 hour Workshop for up to 12 participants
- Materials
- Handouts with all the resources taught in the workshop as well as further reading material

Please contact me to request your preferred date.

LANGUAGE

The session will be facilitated in English.

LEARNER TESTIMONIALS

Great experience, very inspiring, gave me a lot of ideas about how to make people reflect on their own experience through visuals.

– Fanny Didou

It opened my mind-heart to a new way of working with visuals for problem solving.

– Mariana Diarte

I felt invited to center myself in my own life in a way I hadn't even conceived of before.

– Meret Nehe

To me it was just magic. I gained some insights that I am very grateful for and that I can use in my life right away. And I enjoyed it immensely!

– Rooske Eerden